

Meet the ARB Team at Tregolls Academy: 2026 - 2027



Kensley Class Teacher
(EYFS and KS1)

Amy Rand



Kenwyn Class Teacher
(KS2)

Hannah Davies



School SENDCo

Claire Davis

Higer Level Teaching Assistants

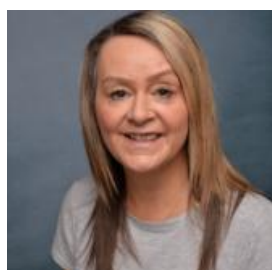


Lily Paciuszko

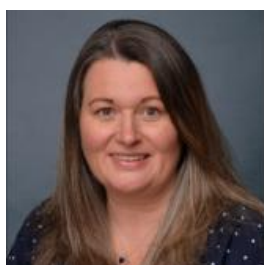


Megan Ruberry

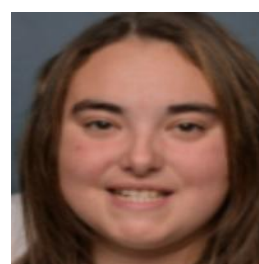
Teaching Assistants



Carmen Walker



Celine Lamy



Emily Schooley



Our School Day Times

Arrival: Gates open at 8:40am and close at 9:00am.

A member of the ARB team will always be at the ARB entrance to collect your child and support your child into their classroom.

Home Time: Children can be collected between 3:00pm – 3:15pm from the ARB gates.

Term dates are included at the end of this information pack.

Here is a typical timetable of our day in the ARB

This is a guide to our daily routine. We try to keep a consistent structure to support predictability and security for our learners.

8:40 am – 9:30 am	Arrival and settling in activities
9:30 am – 9:45 am	Circle time
9:45 am – 10:15 am	Discover and learn time / sensory circuits
10:15 am – 10:45 am	Reading and English – sensory story
10:45 am – 11:15 am	Snack time, personal care and playtime
11:15 am – 11:45 am	Maths
11:45 am – 12:00pm	Story, songs and communication focus time (Core Word)
12:00 – 1:15 pm	Lunch, playtime and personal care
1:15 – 1:30 pm	Circle time and calm time
1:30 – 2 pm	Topic based learning
2 pm – 2:15 pm	Attention Autism – Bucket Time
2:00 pm – 2:30 pm	Snack time, personal care and tidy up time
2:30 pm – 2:50 pm	End of the day circle time and story
2:50 pm – 3:15 pm	Home time and goodbye songs

During Discover and Learn time pupils can explore a range of activities and resources, supported by adults in line with their interests and 1:1 learning focus opportunities relating to the topic.

Once a week, Carine Kelley from Cornwall Music Services will deliver a music therapy session (day to be confirmed). In addition, children will take part in a weekly PE and movement session in the hall or on the 3G pitch.

What to Bring In:

Please send your child to school each day with a bag containing:

- Spare clothes (clearly labelled)
- Nappies or personal care items (if needed)
- Snacks and a drinks bottle
- Any communication aids used at home



Please also ensure your child comes to school dressed appropriately for the weather, including:

- A coat
- A sun hat and sun cream during warmer months

All clothing and belongings should be clearly labelled to avoid items getting lost.

Uniform: Uniform can be purchased from KeyWear at 2 Church Street Walk, Truro, TR1 1JH or can be order online. Here is the link -

<https://www.keywearuniforms.co.uk/product-category/schools/tregolls/>.

Suggested uniform:

- Jade or navy sweatshirt/cardigan (logo optional)
- Jade or navy polo shirt (logo optional)
- Navy or black trousers/skirt/pinafore
- Plain black shoes
- Suitable clothing for PE



We encourage children to wear school uniform; however, we understand this may be challenging for some, so we are happy to be flexible and support individual needs.



Toileting and Personal Care: We understand that every child has different toileting and personal care needs. Our staff are experienced and will support your child with toileting, changing and personal care routines in a respectful and sensitive way. Please provide nappies and wipes for you child if needed.

We encourage you to share your child's usual routines, preferences and any specific requirements from home so that we can provide consistent and effective support throughout the school day.



Mealtimes, Snacks and Lunches: Children have regular opportunities throughout the day for snacks, lunch and drinks.

Please provide your child with snacks and drinks bottle each day, including foods that you know they enjoy and feel comfortable eating. Familiar foods can help children feel settled and ensure they are eating well during the school day.

At lunchtime, you can choose to:

- Send in a packed lunch with foods your child prefers
- And/or order a hot school meal (booking details will be provided by the school)

If you would like your child to receive milk, you can order this separately through Cool Milk using this link - <https://www.coolmilk.com/register>.

If your child has any dietary requirements, allergies or specific preferences, please make sure these are clearly communicated to staff so we can support them appropriately.

Attendance and Reporting Absences: If your child is going to be absent due to illness or any other reason, please call the school and leave a message on 01872 274020 or send an email to hello@tregolls.org.uk.



Illness & Medication: Please do not send your child in if they are unwell e.g. if they have sickness or diarrhoea, please follow the NHS guidance.

If your child requires medication, please inform us and complete the medication forms available in the office. We are unable to give medication until these forms have been completed and permission given.

How Do We Keep in Contact with You:

We will keep in regular contact through:

- Daily conversations at drop-off and pick-up
- Home-school communication log which is shared electronically daily
- Phone calls or meetings where needed

We also use the following Apps at school:



Arbor

Arbor App: We use the Arbor App for both us and you to update any contact details, medical needs, book school

lunches, pay for trips, book parent consultations and more. Log in information will be sent to you on your child's first day of school from the school office.



Tapestry: We use Tapestry as an online learning journal to share observations, photos and videos of your child's learning and development in school. This allows you to see what your child has been doing and celebrate their achievements.

You can also upload your own observations from home, helping us to build a fuller picture of your child's interests, achievements and next steps.

We encourage you to:

- Comment on observations so we can celebrate together
- Share key moments from home (e.g. new skills, interests, special events)
- Let us know about anything that may support your child's learning or wellbeing

Tapestry is a secure platform, and only you and authorised staff can access your child's profile. Login details will be provided at the start of term.